



**CONFIDENTIAL DEFENSE MAP FOR
BERT Q. REDDING (BERT)**
from DefenseMap.com

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Total time: 7:16

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Questions should be submitted to Info@DefenseMap.com.

Adult case

- a. Case Description:** A new case (no conviction, sentence, or dismissal yet).
- b. Charges/Investigation:** Felony driving while intoxicated (DWI as a second offense).
- c. Case Type:** State case.
- d. Court/Locale:** St. Joseph Superior Court, South Bend, IN; Saint Joseph County, Indiana, USA.
- e. Custody/Probation/Parole:** Not in custody/Not on probation/Not on parole.

Birth/Race/Gender

- f. Age:** 37.
- g. Race:** White; Not Hispanic/Latino.
- h. Gender:** Male.

Contact information

- i. Address:** I live at 2911 N. Brookings St., South Bend, Indiana 46628. Before this charge, it had been my intention to find a place of my own soon, but it looks like I will continue to live at home with my mom at this address.
- j. Primary Telephone:** 574-222-0009.
- k. Email:** sdfgsgd@sdfsgd.com.
- l. Emergency Contacts:**
 - 1. Sally Redding / mother / 574-234-6622 / sredding333@yahoo.com.
 - 2. Delbert Redding / father / 574-600-4322 / delredd341@gmail.com.

Flags

Important notes to client on use of this Defense Map and these 5 Flags.

- ✓ The following 5 Flags may help you and your attorney in deciding on the best steps to take. But, the entire report is important, so read it all carefully. Take notes for your next discussion with your attorney.
- ✓ You can log back on as often as you want to add more information.
- ✓ Clients can often help their cases by considering any personal changes they'd like to make in their lives. Even one positive change can help many cases.

1. **How correct/fair the client considers the charges** ([Section 2, p. 5](#)): Not at all correct or fair (0 out of 2).

2. **Past/other cases:**

- **Past arrests and charges** ([Section 3, p. 6](#)): Prior record disclosed.

3. **Outlook and functioning:**

- **PTSD/Repeating bad memories or nightmares** ([Section 11, p. 7](#)): Potential PTSD issue disclosed.
- **Childhood years** ([Section 12, p. 8](#)): 6 childhood assets reported as either partly or completely missing, and 31 childhood challenges disclosed. The client's responses show an Adverse Childhood Experience (ACE) score of 7 out of 10.
- **Adult years** ([Section 14, p. 10](#)): 12 of 14 important life assets either missing or partially missing.
- **Addictive patterns** 1 possible issue(s) disclosed.
 - **Use of alcohol** ([Section 15, p. 11](#)): 17 significant responses, a serious indication (2 out of 2) of a possible alcohol issue.
- **Mood and functioning issues** ([Section 18, p. 12](#)): 4 possible issues disclosed.
 - **Thoughts of hurting myself**: 3 significant responses.
 - **Depression**: 8 significant responses.
 - **Hearing things other people don't hear.**
 - **Seeing things other people don't see.**
- **Counseling history** ([Section 19, p. 12](#)): Counseling history disclosed.

4. **The client reports a wish to make changes in these 6 areas of life** ([Section 21, p. 13](#)):

- **Relationships** (details on p. 13).
- **Alcohol or drug use** (details on p. 13).
- **Counseling** (details on p. 13).
- **Finances, spending, and money matters** (details on p. 13).
- **Living arrangements** (details on p. 13).
- **Ways of handling problems** (details on p. 13).

5. **Character and mitigation evidence** ([Section 22, p. 13](#)).

Action ideas of attorney and client after reading this Flags page:

NOTE: Special attention may be warranted for the information summarized in Flags 3 and 4 above. Useful options may include (a) an addiction evaluation, (b) a counseling/therapy evaluation, and (c) any other course of action counsel and client think could be helpful.

Summary of Sections

Part A: Legal

1. What's most on client's mind ([p. 5](#)).
2. Case details ([p. 5](#)).
3. Past cases and arrests ([p. 6](#)).
4. Other important legal cases ([p. 6](#)).

Part B: Basic Profile

5. Military service ([p. 6](#)).
6. Physical health ([p. 6](#)).
7. Family and other important relationships ([p. 6](#)).
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9. Employment ([p. 7](#)).
10. Use of free time ([p. 7](#)).

Part C: Personal Challenges

11. PTSD/Repeating bad memories or nightmares ([p. 7](#)).
12. Childhood years ([p. 8](#)).
13. One or more controlling or hurtful partners ([p. 10](#)).
14. Adult years ([p. 10](#)).

Part D: Addictive Patterns

15. Use of alcohol ([p. 11](#)).
16. Use of drugs (other than alcohol) ([p. 12](#)).
17. Other abuse or addiction issues ([p. 12](#)).

Part E: Personal Functioning

18. Mood and functioning issues ([p. 12](#)).
19. Counseling history ([p. 12](#)).

Part F: Life Patterns and Character and Mitigation Evidence

20. Client today ([p. 13](#)).
21. Client's thoughts on the future ([p. 13](#)).
22. Character and mitigation evidence ([p. 13](#)).

Sections

Part A: Legal

1. What's most on client's mind ([Up to Flags Page](#))

I'm devastated. I really don't think I was intoxicated. My friends don't think so either.

2. Case details ([Up to Flags Page](#))

- a. **Details:** On July 5, I had been out drinking with some friends (Zak Tuterow, Mike Thomas, and Jonathan Billings). Since I was on probation for a prior DWI, I rode with Zak. I think I had about 4 beers. It really should not have been more than that, partly because the beers were expensive. This was at Jason's Bar.

I went home and went to bed and got a call on my cell phone that my friend Jonathan wanted me to go out to get something to eat. This was about 1:00 in the morning. I agreed, I got dressed, and I drove to pick up Jonathan. We were going to go to Angie's Diner, and that is when the accident happened. I was driving on Lincolnway West and saw a man standing on the raised median strip. It was freezing out (about 10°), and I noticed he had no shirt on. This seemed really odd, so I kept my eye on him as we approached. Jonathan said something like, "Just look at this guy."

Just then, the man stepped off the median and walked out directly in front of my car. There were no lights, stop signs, or crosswalks in this area. I immediately hit my brakes, turned hard to the right, and ran into the guardrail off the street.

The police came, and the first thing they did was grab the man who'd jumped in front of my car. They convinced him to let them take him to the hospital to find out why he was so incoherent. But they also had me give a portable breathalyzer test. It showed .04% (which was legal), but the police told me that wasn't the official test and asked if I would agree to a breathalyzer at the police station. I agreed, and that test came back at .14%. They told me I was legally drunk, and I was arrested.

One of the police officers said to the others that this was "a strange difference between the 2 tests" and maybe they should have me blow again for another test. But the officer at the desk said, "No, this is good enough."

Jonathan had a great line afterwards: "You saved some dude's life and for your trouble, you got arrested."

- b. **Contributing factors:** I think the conclusions of the police are just wrong. I think the breathalyzer at the station was way wrong.

But, I think it was bad judgment on my part to be driving after having anything to drink, especially given that I am on probation for prior DWI charge.

- c. **How correct/fair the client considers the charges:** Not at all correct or fair (0 out of 2). Please see what I have already written. I don't think I was drunk. I don't think anyone could have avoided this accident.
- d. **Initial comments on evidence and witnesses:** Not at this time.
- e. **Interaction/statements with law enforcement:** My time with the police was completely cooperative. Both by them and me.
- I told them exactly what happened. And it was the truth.
- f. **Client discussions with others about the events?:** Yes. I told my family exactly what I have written here.
- g. **Victims?:** Yes. There was damage to my car that insurance covered. The guardrail was dented, but I don't think it ever required repairs.
- h. **Thoughts looking back at the events:** I think I should maybe never drive if I've had anything to drink. It's just too risky. But I also think the police should have redone the test.
- i. **Any other current charges?:** Yes. There are no new charges, but as I've said, I am on probation for prior DWI charge.

3. **Past cases and arrests** ([Up to Flags Page](#))

- a. **Juvenile cases:** 2. I had two juvenile cases. One was for minor in possession of alcohol (when I was about 16), and one was for truancy from school (when I was about 14). In both cases I was returned to my parents. Nothing major happened.
- b. **Other adult cases:** 1.
Details: As I have said, I have that prior DWI charge. It was about five months ago, and I was represented by Mr. Williams. My sentence was one year in prison suspended, two days in jail, a \$500 fine, and a 90-day suspension of my drivers license. I was put on probation for one year.
- c. **Any other arrests?:** Yes. Oh, yes, I just remembered. I was arrested one other time as a minor in possession of alcohol, but the police just took me home. No case was ever brought.

4. **Other important legal cases** ([Up to Flags Page](#))

- a. **Any other legal cases now?:** No.
- b. **Past legal cases?:** No.

Part B: Basic Profile

5. **Military service** ([Up to Flags Page](#))

None.

6. **Physical health** ([Up to Flags Page](#))

- a. **Overall health:** Good (2 out of 2). I've had some minor injuries in sports and at work, but I'm in pretty good shape.
- b. **History of head injury?:** No.
- c. **History of losing consciousness?:** No.
- d. **Diagnosed with brain injury or disease?:** No.
- e. **Other serious physical problems or disabilities?:** No.
- f. **Major surgeries?:** No.
- g. **Currently on medications?:** No.
- i. **Other important medical information?:** No.

7. **Family and other important relationships** ([Up to Flags Page](#))

- a. **Currently married?:** No.
Currently in a committed or long-term relationship?: No.
- b. **Married before?:** No.
- c. **Children:** 0.
- d. **Most positive and supportive people in client's life:** My mom (who is in Alcoholics Anonymous), and maybe by former football coach Mr. Stokes.
- e. **Current unhealthy or hurtful relationships?:** Maybe. I have to say that almost all my friends are regular drinkers, most of them heavy drinkers. So, someone could say (my mom does) they may not be helpful to me. But, I guess I'm not particularly helpful to them either.
- f. **Other impactful people in client's life currently?:** Yes. I have a former girlfriend who is important to me, but she got tired of my drinking. She cares about me and does take my phone calls, but she says she doesn't know what to do with me as far as a relationship is concerned.

8. **Education** ([Up to Flags Page](#))

- b. **Extent/description of education:** I'm a high school graduate from La Salle High School (1988). I didn't work hard, and I had a pretty "blah" career as a student. My grades were real average.

I did really well in a lot of sports (especially football and baseball). This helped me make a lot of friends.

- a. **Currently in school?:** No.
- c. **Success in school:** Some (1 out of 2). The teachers and coaches liked me, but I was no scholar, that's for sure. And because of the sports success I had, I was popular.

9. **Employment** ([Up to Flags Page](#))

- a. **Employed?:** Yes. I work at Church Construction. The work can be seasonal (we can be off for weeks at a time), and I am paid \$18 per hour.
- b. **Prior work experience:** I have worked construction, road crews, and roofing jobs.
- c. **Any other important information about employment or work history?:** No.

10. **Use of free time** ([Up to Flags Page](#))

- a. **Currently:** I go out with my friends (probably too much), and I drink (also probably too much). I watch ESPN and a lot of other sports.
- b. **Consequences from ways client has used free time:** Well, these two criminal charges both came from the way I spend my free time. I guess that may say something.

Part C: Personal Challenges

11. **PTSD/Repeating bad memories or nightmares** ([Up to Flags Page](#))

- a. **Bothered by bad memories/nightmares of traumatic events?:** Yes.
- b. **Number of traumatic events still causing symptoms:** 1.
- c. **Events:** When I was 14, I saw my best friend (Jarrett), killed when he slid off a small hill and into the path of a car. We were coming home from a Saturday of watching a college football practice. I don't talk to anyone about it, but it tears me up that it was my idea that we walk home instead of calling anyone. It had been raining, and the place where we were walking was really slippery. I will never forget seeing Jarrett fall under that car, the screaming of the people afterward, or the heartache in his family.

I remember many times hearing some people say in the following weeks that it was lucky I wasn't killed too, and all I could think was how much I wish I had been the one who was killed.

I don't think there's ever a rain that I don't think about seeing Jarrett killed. Football games, cloudy fall days, a bunch of things like this that other people are happy to see leave me thinking about that accident and my decision to walk home instead of calling for a ride.

- d. **Symptoms in the last 12 months:**
1. Unwanted memories of the events.
 2. Flashbacks/reliving the events as if happening again.
 3. Nightmares about the events.
 4. Waking up thinking about the events.
 5. Trying not to think or talk about the events.
 6. Trying not to be around people, places, or things that remind me of the events.
 7. Feeling depressed/losing the ability to feel joy.
 8. Difficulty keeping close relationships.
 9. A lot of guilt or shame.
 10. Trouble concentrating.
 11. Trouble sleeping.
- e. **Any connection between these experiences/PTSD and legal problems (including this case)?:** Yes. These memories chase me around. Without them, I think my drinking would have been much

different, and all my legal problems (and other problems) seem mostly due to my drinking. It's like a need a way to escape thoughts that have the upper hand on me.

- f. **Other PTSD information?:** Yes. That I'm not sure I want to talk about this, at least not with a judge or in a legal case.

12. **Childhood years** ([Up to Flags Page](#))

- a. **Client most wants understood about childhood:** I wish the accident to Jarrett had not happened.

I wish some of the violence between my parents had not happened. Things were a lot better after they divorced.

- b. **Childhood assets. Regarding 10 possible important childhood assets, the client reported the following:**

- **Present in client's childhood:**

1. **A loving mother who stayed in my life.** My mom has been a really good part of my life. She has always supported me, even when my decisions have been bad.
2. **Other loving family members.**
3. **A family that was able to have disagreements but then peacefully settle them.**
4. **Good friends almost all the time.** Actually, I think my friends during childhood were better to be around than the ones I have now. They weren't in trouble, always drinking, etc.

- **Somewhat present in client's childhood:**

1. **A loving father who stayed in my life.** My dad was not really in my life after my parents divorced (I was about 12). I think I saw him about twice a year after that.
2. **An overall good experience with school.**
3. **The feeling that I would have a good future.** I don't think I thought about this very much, but I probably thought things would work out in my life.

I certainly spent more time than people will ever know dealing with Jarrett's accident and my role in it.

- **Missing in client's childhood:**

1. **Parents who stayed happily together.**
2. **Peace within my family as a whole.** There were 7 kids in our family, and there was always some kind of spat going on. But we loved each other.
3. **A consistently safe home life.** Especially when my parents were together, there was a lot of violence. Both my parents drank a lot. And their fights were really scary. There was hitting between them, sometimes to the point of injuries, and we often had to try to get them apart.

Things were better after the divorce. And they actually get along pretty well today, and it seems funny to know they were trying to hurt each other so much when we were young.

- c. **Childhood challenges:**

i. **Family structure during my childhood:**

1. Times when my father was gone.
2. My parents were together for only part of my childhood.
3. Unsafe or unhealthy people brought into our home or family life. My parents' drinking brought some strange people into our home. Some of my dad's drinking buddies would come home and actually get into scary fights in front of us. One made a pass at my mom, and my dad beat her up afterward over this.

ii. **Childhood attack or physical abuse (other than sexual):**

1. Violent physical punishment. I would say that, certainly by the way kids are raised today, some of the things that our parents did when drunk would be considered violent punishment. There was a lot of hitting, slapping, slamming against walls, some whipping with belts and cords, etc.

And usually, this was because my parents were drunk, hung over, or just mad about their own lives. I don't think any of us ever saw the connection between what we did and our parents beating us. But I think I still thought it was my fault.

2. Physical punishment too often. Sometimes this would be several days in a row.
3. Any other physical injury. There were welts and even some scars today from the times a

cord was used on us, but maybe this isn't a real injury.

- iii. **Childhood emotional or verbal mistreatment or abuse:**
 - 1. A lot of hurtful criticism/put-downs from my father. My dad could say anything when he was drunk. Or hung over.
 - 2. Yelled at often.
 - 3. Made to feel unwanted in the family.
 - 4. Any other emotional abuse by a family member.
 - 5. Emotional (including verbal/spoken) abuse by someone outside my family.
 - iv. **Family members' functioning during my childhood:**
 - 1. A family member with trouble controlling his/her anger. To say the least! I think this was true for both of my parents.
 - 2. Alcohol or drug abuse by a member of the family. Definitely.
 - 3. Arrest or incarceration of one or more family members. My dad was arrested twice that I can remember. Once was for public intoxication after getting into a fight at a bar, and once was for DWI.
 - v. **Functioning of the family during my childhood:**
 - 1. Times of living in an unfit home. Money was real tight, and my dad was not always employed. We often had windows in the house that were broken, a leaky roof, times when the lights were not on, and even once when the water was off for almost a month.
 - 2. Times without enough food.
 - 3. Physical violence between my parents.
 - 4. Repeated conflict or loud arguments between my parents.
 - 5. Repeated conflict or loud arguments between people I lived with.
 - 6. Scary behavior by someone in my family.
 - vi. **As a child, seeing something very upsetting or frightening:**
 - 1. Seeing or hearing a serious accident or injury to someone. This was about Jarrett getting killed.
 - 2. Seeing or hearing someone's death.
 - 3. Seeing or hearing someone attacked. This would be attacks between my parents, or by one of my parents against one of us.
 - 4. Seeing or hearing someone beaten. I would say that some of the fights in the family were indeed "beatings."
 - 5. Seeing or hearing a violent fight. We saw this quite a bit between our parents.
 - 6. Seeing or hearing someone threatened. There were many threats mixed in with the fights and attacks.
 - 7. Seeing a dead body other than at a funeral. Jarrett. I'm not sure if he was still alive when I last saw him under that car.
 - 8. Seeing or hearing another very upsetting thing. These all had to do with the problems between the parents that I've already written about.
 - vii. **As a child, feeling responsible for something bad that happened:**
 - 1. Feeling that an accident, death, or other sad or scary event was my fault. I always thought that Jarrett's accident and my parents' fights were my fault.
 - 2. Feeling that I was supposed to stop or fix some problem in my family. I ALWAYS felt this way.
 - viii. **As a child, bad or upsetting experiences with police or other authorities:**
 - 1. Having fear of police. I was afraid only because some people in my family would get arrested or do things that made it seem like the police would have to be called. Like my dad and his DUI arrests (or beating up mom and my thinking he might go to jail). Looking back, it wasn't the fault of the police. But I did fear them.
 - ix. **Other childhood issues:**
 - 1. Drug use.
- d. **Relationship with father (while growing up):** Fair (1 out of 2). I loved my dad, but he could be out of control in less than a second.
- Relationship with father (today):** Fair (1 out of 2). It would still help our relationship if my dad could control his drinking and his temper.
- e. **Relationship with mother (while growing up):** Good (2 out of 2).
- Relationship with mother (today):** Good (2 out of 2). I think my mom would say if our relationship

was really good, I would be listening to her about my drinking. But I really do love my mom for all she has done for me.

- f. **Raised at any time by anyone other than mother or father?:** Yes. There were a couple of times that things were so bad at our home that we went to live with our grandmother. I had a good relationship with her, though she seemed incredibly old-fashioned and full of rules.
- g. **Any other serious difficulties in childhood?:** Yes. I would say that there were just too many people trying to live under that one roof in a small house with all these problems. Food, love, common sense, peace – we seemed to run low on all of these.
- h. **ACE (Adverse Childhood Experience) Score:** 7 out of 10. The client answered Yes to the following standardized questions.
 - 1. **Did a parent or other adult often either: Swear at you, insult you, put you down, or humiliate you? OR act in a way that made you afraid you might be physically hurt?**
 - 2. **Did a parent or other adult in the household either: Often push, grab, slap, or throw something at you? OR ever hit you so hard that you had marks or were injured?**
 - 3. **Did you often feel either: That no one in your family loved you or thought you were important or special? OR that your family didn't look out for each other, feel close to each other, or support each other?**
 - 4. **Did you often feel either: That you had no one to protect you, had to wear dirty clothes, or didn't have enough to eat? OR that your parents were too drunk or high to take care of you or take you to the doctor if you needed it?**
 - 5. **Were your parents ever separated, apart, or divorced?**
 - 6. **Was your mother or stepmother either: Often pushed, grabbed, slapped, or had something thrown at her? Or sometimes kicked, bitten, hit with a fist, or hit with something hard?**
 - 7. **Did you ever live with anyone who was a problem drinker or alcoholic or someone who used drugs?**

Note: The ACE Questionnaire is credited with establishing the strong link between traumas in childhood and chronic disease and life difficulties in adulthood. The higher the ACE score, the greater incidence of a broad range of adult challenges. See [History and Significance of ACE Questionnaire](#).

- i. **Any connection between childhood problems and legal problems (including this case)?:** Yes. The memories of my friend's death and the violence in my family are like break-in artists to my thoughts. If I could have these just when I wanted, I could deal with that. But they don't leave me alone, and it's like always a surprise when they bounce into my mind. Without these, the drinking would maybe have never gotten out of control, my relationships would be better, and I could have done a lot more with my life.

13. **One or more controlling or hurtful partners** ([Up to Flags Page](#))

- a. **Any current involvement with a controlling or hurtful partner?:** No.
- b. **Past controlling/hurtful relationships?:** No.

14. **Adult years** ([Up to Flags Page](#))

- a. **Current life assets. Among 14 possible important life assets, the client reported the following:**
 - **Definitely present today:**
 - 1. Good physical health.
 - 2. Safety in all parts of my life.
 - **Somewhat present today:**
 - 1. A loving and helpful family life.
 - 2. At least 3 good and helpful friends I can call on anytime. More good than helpful. They're good people, but they drink just to drink. Or maybe because we don't know what else to do.
 - 3. Work I like.
 - 4. A good balance between work, rest, and play.
 - 5. Enough money/financial security.
 - 6. A safe place to live--without fear of losing it.
 - 7. Good feelings and trust for police and other authorities.

8. A spiritual life I'm happy with.
- **Missing today:**
 1. Good peace of mind/freedom from worry most of the time.
 2. A lot of joy/happiness.
 3. Volunteer work I like.
 4. A lot of purpose in my life/a feeling that my life matters to others. I would say that I feel worthless most of the time. When I compare myself to people who are actually doing something with their lives, I know that's not me.
- b. **Client describes his/her problems in adult life:** In one word, I would say I have no direction. I spend more time feeling bad and guilty, drinking, and getting nowhere than almost anybody I could imagine. This current charge is no help. But even without it, I would not recommend my life to anybody.

Part D: Addictive Patterns

15. Use of alcohol ([Up to Flags Page](#))

- a. **Significant responses regarding use of alcohol:**
1. I've sometimes had more to drink than I initially set out to drink.
 2. I drink more than people whose drinking doesn't seem to cause problems in their lives.
 3. Drinking has caused a problem in some area of my life.
 4. I've sometimes felt I needed to cut down on my drinking.
 5. I've sometimes felt guilty about my drinking.
 6. A friend or family member has worried or complained about my drinking.
 7. When thinking about giving up drinking, I've thought that I'd really miss it.
 8. I've made promises to others about controlling or cutting down on my drinking.
 9. I've had trouble quitting or cutting down on my drinking.
 10. I've often used alcohol more than twice a week.
 11. I've often had more than 6 drinks in a day.
 12. I've tried to keep people from knowing about how much I drink.
 13. I've used drinking to deal with difficult feelings.
 14. I have one or more blood relatives with alcohol or drug problems.
 15. Of the people I spend most of my free time with, most drink.
 16. I've been arrested for something when I've been drinking.
 17. I've been to counseling or treatment for alcohol or drugs.
- b. **Last used alcohol:** 3 days ago.
- c. **Any connection between alcohol and legal problems (including this case)?:** Yes. I have never been in trouble when I wasn't drinking. I've never had a fight or someone say they were done with me except over my drinking. My entire life would be different if it weren't for alcohol. And not to make excuses, because I know the alcohol didn't just jump in my mouth. But it has often been more important to me than anything or anyone else.
- d. **Client's belief about having a problem with alcohol:** Probably. Well, I've never been arrested when I wasn't drinking. I guess that says something. Drinking is just an all around my life for as far as I can remember. It didn't help my parents. It did help me to deal with guilt and worry sometimes. But it has certainly caused a lot of problems.

The reasons for my drinking--that's a good question. As I reflect on this, I have to say there's a lot about myself I'm really uncomfortable with. Or I just really don't like at all. I'm amazed when I see other people being quiet or content (or hear themselves talking about feeling that way).

I think people would be shocked if they knew what was bouncing around in my mind while they were actually calm, and I only looked like I was calm. I drink to feel less, I think that's the bottom-line. I don't have to feel I have let down so many people, caused so many problems, failed to help my family when my parents were spinning out of control, and all the rest.

16. Use of drugs (other than alcohol) ([Up to Flags Page](#))

- a. **Significant drug responses:** None.
- b. **Reflections on drug use:** Alcohol has been my only drug problem (though obviously very serious).
- c. **Client's belief about having a problem with drugs:** No.
- d. **Any connection between drugs and legal problems (including this case)?:** No.

17. Other abuse or addiction issues ([Up to Flags Page](#))

- a. **Other addictive patterns or harmful habits?:** No.

Part E: Personal Functioning

18. Mood and functioning issues ([Up to Flags Page](#))

- I. **Past suicide attempts:** No.
- II. **The client's responses don't include indications of the following in the last 12 months:**
 - a. **Thoughts of hurting others** (0 out of 8).
 - b. **More anger than most people seem to have** (0 out of 9).
 - c. **Dependence/Codependence** (0 out of 13).
- III. **Significant responses were given for the following possible mood and functioning issues in the last 12 months:**

- a. **Thoughts of hurting myself** (3 out of 9):
 - 1. Thinking about suicide.
 - 2. Sometimes wishing not to be alive.
 - 3. Thinking of when or where to commit suicide.

Client's reflections on these 3 responses: I don't want to think I would do this. I want to live. But there have been so many bad turns in my life, and sometimes there seems to be no way out or up.

- b. **Depression** (8 out of 13):
 - 1. Feelings of doom or hopelessness.
 - 2. Loss of interest in things that used to interest me.
 - 3. Unusually sad—or sad more often than usual.
 - 4. Thinking about death more than usual.
 - 5. Painful feelings of guilt.
 - 6. Painful feelings of being worthless.
 - 7. Unusual fatigue (tired much more than usual).
 - 8. Problems concentrating or being easily distracted.

Client's reflections on these 8 responses: I just don't see a way forward. I don't feel like my life has a good direction, and I don't bring a good direction to it. All around me I see people accomplishing the things, but that doesn't seem true for me. And maybe I am just causing a lot of problems, and even someone's death.

- c. **Other mood or functioning issue:**
 - 1. **Hearing things other people don't hear.**
 - 2. **Seeing things other people don't see.**

19. Counseling history ([Up to Flags Page](#))

- a. **In counseling currently?:** No.
- b. **Using medications currently for mental or emotional issues?:** No.
- c. **Used medications in past for mental or emotional issues?:** No.
- d. **Prior counseling/therapy?:** Yes. I saw a school counselor for a few weeks after Jarrett's death. I don't remember much about it.

e. **Participation in recovery or survivor groups?:**

Part F: Life Patterns and Character and Mitigation Evidence

20. Client today ([Up to Flags Page](#))

- a. **Some good things in client's life today:** My mom's and dad's support of me.
- b. **Hard/challenging things in client's life today:** This case, and feeling completely worthless to others.
- c. **Spiritual or religious aspects of client's life:** Weak. I was raised Roman Catholic, but I have not had much church involvement in years.
- d. **Other things client would like attorney to know:** Can't think of anything. I wish I were more interesting, or useful, to others.

21. Client's thoughts on the future ([Up to Flags Page](#))

a. **Wish for changes in the following areas:**

- 1. **Relationships.** I could use healthier friends, I know. I doubt worthwhile people would want to be around me, though my mom and others say that's not true.
- 2. **Alcohol or drug use.** I should think about no more drinking. And maybe listening to my mom about Alcoholics Anonymous. I know I should care about these things, but I find it hard to get excited about going in that direction.

Right now, I can't say that I want this enough. Would it be a step in the right direction to say that I would WANT TO WANT to quit?

- 3. **Counseling.** I think my drinking problem has to come first, but I have things that bother me (the ones I've already written about) that I should probably try to get help with.
- 4. **Finances, spending, and money matters.** My drinking has been an expensive habit. Drinking out costs a lot, but as I once heard an old AA guy, "What's the cheapest thing about drinking? The booze—it's everything else that costs the drinker a fortune."
- 5. **Living arrangements.** As part of getting my financial life in order, I'd like to have a more permanent and safer place to live.
- 6. **Ways of handling problems.** My guilt over Jarrett. And maybe my guilt over everything. I just wish I didn't feel so bad about myself and what I've caused.

b. **Client goals:** Sadly, I don't have any.

- c. **Specific things client thinks a judge would like to see 4 months from now:** That I got sober, joined AA, didn't shut out my mom about what she says about this.
- d. **Something good the client can imagine coming from current challenges:** Yes, if I'd do AA and stop drinking. But I don't know.

22. Character and mitigation evidence ([Up to Flags Page](#))

a. **Best accomplishments:** The list isn't long.

I have helped my grandmother with keeping up her house, mowing her yard, shoveling snow, etc., and I've never let her pay me.

I used to volunteer at city summer programs, but that was years ago.

I'd like to do more.

- b. **Personal strengths:** People have always said I have a way with kids. Many of them I used to coach at the city summer programs still come up to me to tell me how they're doing. They'll tell me how my encouragement of them helped them, even some who have gone on to do a lot better than I have.
- c. **People client is currently helping (or who currently rely on client):** No one presently. I used to help people. I could do more.

I really think I would like to, but not feeling useful to people has held me back, I think.

d. **Other people client has helped:** Just the coaching and encouragement of kids at those city summer camps I worked and volunteered at. I wish I could get back to doing things like that. The director of the program (Eugene Daniels) tells me he'd still like me to come back to do something, but I wonder if he's just being nice.

e. **Client's Index of Supporters:**

1. **Sally Redding.:**
 - a. **Relation to client:** My mom.
 - b. **Trustworthiness:** My mom has obviously never been in trouble, although she could have landed in a lot of trouble for her drinks before she got sober. But, she's a giving person, has worked on many community committees, and is well respected throughout the community.
 - c. **Contact information:** 574-234-6622; srredding333@yahoo.com.
 - d. **Specific help:** Well, she IS my mom, but she would say I'm a good person who means well and wouldn't hurt anyone intentionally. She could certainly serve as a role model for my getting sober, if only I would be more intelligent and open to her example.
2. **Delbert Redding.:**
 - a. **Relation to client:** My dad.
 - b. **Trustworthiness:** Like my mom, he's never been in trouble. He's well liked, and he's always worked himself to the bone.
 - c. **Contact information:** delredd341@gmail.com is best. He rarely answers his cell phone.
 - d. **Specific help:** My dad can encourage me in a lot of ways (some having to do with not following his footsteps into dark drinking).
3. **Coach Tom Stokes.:**
 - a. **Relation to client:** My old high school coach.
 - b. **Trustworthiness:** Coach Stokes is a legend in our community. He's been a high school teacher and coach for maybe 30 years.
 - c. **Contact information:** CoachTStokes@aol.com; I don't know his phone number.
 - d. **Specific help:** Coach has often commented that I was the hardest working football player he ever coached, and he wonders why I haven't gone further in life. I think if he knew the guilt I was carrying around, he would encourage me to move ahead. I know he cares about me.
4. **Ted Church.:**
 - a. **Relation to client:** Owenr fo Church Construction Company, my employer.
 - b. **Trustworthiness:** Ted is 100% honest and responsible.
 - c. **Contact information:** Ted@ConstructChurchLtd.net; 574-400-9378.
 - d. **Specific help:** Ted would say I'm an amazing employee, always reliable, always focused on making the customer happy, and always willing to do a great job for the company. He's been concerned about my drinking, and I know he'd encourage me to get help if I need it.

f. **Other information judge/jury should know?:** Yes. That I recognize there's something wrong with the way I'm living, my drinking, and the direction of my life.

New thoughts

Any new thoughts as a result of using this Defense Map?: Yes. I'm thinking a lot more about my drinking. I have a feeling that when I see my Defense Map, it'll be a little scary what the problem from my drinking have added up to.

Final information/thoughts client wishes to share: I think I've answered everything. I haven't thought this much about my life in a long time--maybe ever.

Notes:
